



SUICIDE PREVENTION PROGRAM



HIGH RISK RESOURCES

TOP 5

High Risk Area: Suicide

1. Colorado Crisis Services

In addition to providing a 24 hr. hotline; Colorado Crisis Services is Colorado's first statewide resource for mental health, substance use or emotional crisis help, information and referrals. We formed, in partnership with the Colorado Department of Human Services, to strengthen Colorado's mental health system. Our purpose is to provide greater access to mental health services, ensuring Coloradans get the right services in the right locations at the right time.

Website: <https://coloradocrisisservices.org>

Phone: (1-844) 493-8255 or text TALK to 38255

2. The Steven A Cohen Military and Family Clinic

The Steven A. Cohen Military Family Clinic at University of Colorado Anschutz Medical Campus provides confidential, compassionate and personalized mental health care to active duty service members (with Tricare referral), post-9/11 veterans and family members.

Services are available regardless of discharge status, role while in uniform, or combat experience. Evidenced-based treatments and services are provided by culturally-competent professionals trained to work with veterans and military families. **While the clinic is located in Greenwood Village, care is available almost anywhere in Colorado.**

Website: <https://www.coloradodepressioncenter.org/mfc/>

Phone: (303) 724-4255

3. The Sturm Center

The Sturm Center is part of the Graduate School of Professional Psychology at the University of Denver. The Sturm Center provides high-quality, evidence-based and confidential behavioral health services at a community-centered facility in Aurora, Colorado. We welcome all Veterans (no matter discharge status, era or combat status), Service members (including Guard and Reserve), and their families. We provide a wide range of behavioral health services and a variety of psychological assessments.

Website: <https://psychology.du.edu/clinics/sturm-center>

Phone: 303-871-7942

High Risk Area: Suicide... (Continued)

4. The Suicide Prevention Coalition of Colorado

The Suicide Prevention Coalition of Colorado (SPCC) was formed in 1999, when concerned citizens set out to create a statewide agency with the purpose of preventing suicide and creating a resource network for those who were working to prevent suicide around the state.

Today, SPCC's membership of concerned agencies, organizations and individuals who are working in the areas of suicide prevention, intervention and postvention has statewide reach.

While they are not a crisis center, they have links and access to many resources across the State.

Website: <https://suicidepreventioncolorado.org/>

5. Colorado Department of Public Health and Environment : Office of Suicide Prevention

The CDPHE provides a comprehensive list of resources for both those invested in preventing suicide as well as those looking for help themselves. You can find data on current trends, links to resources and contact information to organizations that can assist. They also provide resources for those who have experienced loss from suicide and resources for youth.

Website: <https://cdphe.colorado.gov/office-of-suicide-prevention>

COARNG RESOURCES

Suicide Prevention Office: 720-250-1522

https://cop.co.ngb.army.mil/sites/g1/assist/_layouts/15/start.aspx#/SitePages/Home.aspx

FTUS Chaplain: 720-250-1074

https://cop.co.ngb.army.mil/sites/special/chaplain/_layouts/15/start.aspx#/

Behavioral Health Office: 719-219-0749