

COVID-19 RESOURCES

Curated information and resources regarding the COVID-19 Pandemic brought to you by the Family Program Office. Each resource in this document has been vetted by the Family Assistance Specialists. As we gather more resources we will update and redistribute this document.

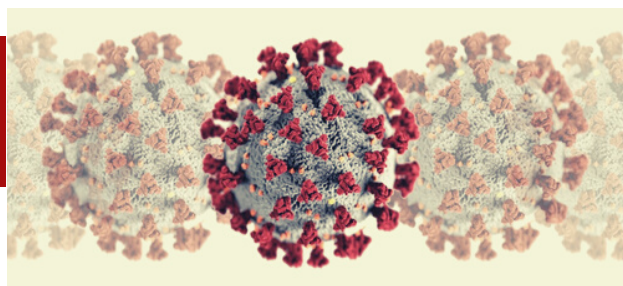


[COVID-19 FACT SHEET](#)
[WHAT TO DO IF YOU'RE SICK](#)
[15 DAYS TO SLOW THE SPREAD](#)

COVID-19 INFO

Fort Carson COVID-19 Hotline- 719-524-2684
 Tricare 24/7 Nurse Advice Hotline- 1-800-TRICARE(847-2273)
 CO Dept of Public Health Hotline-303-389-1687
[COVID-19 Diagnosis Flow Chart](#)

FINANCIAL



[Army Emergency Relief](#)
[Mile High United Way-Denver](#)
[Mile High United Way- Colorado Springs Air Force Aid Society](#)
[Wounded Warrior Emergency Financial Assistance Program](#)
 Dept. of CO Veterans of Foreign Wars-303-421-1630
[SemperfiFund](#)
[Operation Homefront](#)
[Free Grants for Veterans](#)
 Aurora Veterans Services-303-738-8045
 Veteran Services Denver Human Services-720-944-3500
[Hope for the Warriors](#)
 Homeless Veterans Reintegration Program-720-944-3502
[Military OneSource](#)
[EANGUS-800-234-3264](#)
[GreenPath](#)
[UNMET Needs](#)
[Wish for our Heroes](#)
[Home Front Military Network-719-577-7417](#)
[Cash Relief for Arapahoe County Families](#)
[HealthWell Relief Fund](#)
[NDAA FY20 Updates](#)
[GI Bill Update](#)

Denver Metro
 Joshua Dunlop, CFP®
 803-323-9871
pfc.co.ng@zeiders.com

Southern Colorado
 Steven King, CFP®
 719-313-3775
pfc4.co.ng@zeiders.com

Western Slope
 Michael Mancusi, CFP®
 970-975-0215
pfc3.co.ng@zeiders.com

Northern Colorado
 Susan Pascoe, AFC®
 970-616-2315
pfc.co.ang@zeiders.com

FINANCIAL CONT.

US Soldiers Foundation

Modest Needs

American Red Cross

USA Cares

Air Force Aid Society

VFW Financial Grants

Colorado National Guard Foundation

Employer Support of Guard and Reserve

Denver City/County Support Services

United Way

USAA

Mt. Carmel Veterans Service: 719-772-7000

If you are concerned about your financial future or would like to know more about the state of the market or your TSP please contact the Personal Financial Counselor that serves your area.

GENERAL RESOURCES

Army Community Service: Community Pass it On COVID-19 Resources

GI Bill Update

Corona Virus Resources

COVID-19 Military Support

Resources for those Affected by COVID-19



Disinfect surfaces around
your home and work.



Wash your hands for at
least 20 seconds.



Sneeze or cough?
Cover your mouth.

CRISIS SUPPORT

Full-Time Support Chaplain

CH (LTC) Nagel: 720-250-1074

Cell: 303-913-1749

CH (CPT) Katie Declet: 720-250-1966

Cell: 303-918-7683

Senior Religious Affairs and Trauma NCO

MSG Keith Byers: 720-250-1055

Cell: 303-345-4117

COARNG Director of Psychological Health

Mrs. Shannon Bennett-Tuke

Office: 720-250-1983

Mobile: 720-219-0749

Family Assistance Coordinator

Mrs. Suzanne Buemi

Office: 720-250-1186

Mobile: 303-921-6099

Military Family Life Counselors

Kay Wilson- 719-250-5509

Brian Hitchcock- 719-466-9609

Gloria Wagers- 719-424-0106

140th Wing Director of Psychological Health Services

Virginia R. Howard, L.C.S.W

virginia.r.howard8.civ@mail.mil

720 847-9438

140th Wing Chaplain Office

Ch, Maj Joseph Friedman

joseph.friedman36.mil@mail.mil

rebyosef1@gmail.com

901-337-4920

140th Wing First Sergeant

SMSgt Lucas VanDerWerff

lucas.j.vanderwerff.mil@mail.mil

24/7 Contact: 410-688-0451

Domestic Abuse Hotline-COVID-19

Buckley Helping Agencies

WALK IN CRISIS CENTERS

Wheat Ridge: 4643 Wadsworth Blvd. Wheat Ridge, CO 80033
 Littleton: 6509 S. Santa Fe Dr. Littleton, CO 80120
 Boulder: 3180 Airport Rd. Boulder, CO 80301
 Denver: 4353 E. Colfax Ave. Denver, CO 80220
 Aurora: Anschutz Medical Campus: 2206 Victor St. Aurora, CO 80045
 Greeley: 928 12th St. Greeley, CO 80631
 Colorado Springs: 115 S. Parkside Dr. Colorado Springs, CO 80910
 Pueblo: 1310 Chinook Lane, Pueblo, CO 81001
 Montrose: 300 N. Cascade Ave, Montrose, CO 81401



MENTAL HEALTH

[Aurora Mental Health Center](#)
[Psychological Effects of Quarantine](#)
[Coping with Stress During Disease Outbreaks](#)
[Coping After a Disaster](#)
[Helping Homebound Children during COVID-19](#)
[Buckley AFB Chapel Services](#)
[VA Mental Health Clinics:](#)
[VA Main Hospital \(general outpatient mental health\): 720-723-7310](#)
 Colorado Springs: 719-327-5660
 Golden: 720-723-5180
 Hotline: 800-273-8255 Option 1
[Coping with Stress](#)
[COVID-19 Give an Hour Resources](#)

VETERAN SERVICES

[Veteran Support Service Flyer V.3](#)
[VA Video Connect Flyer](#)
[Mt. Carmel Veterans Service Center](#)
[VA ECHCS Business Center Update](#)



FOOD

[Colorado Food Bank Locations](#)

****Please be sure to call these locations before you go to them****

[Lazy Dog Pantry Essentials](#)

[Covid-19 School Food Programs](#)

PETS

[Remote Vet Care-TELEVET](#)



CHILD & YOUTH



[At Home Activities and Resources](#)

[How to Talk to Your Kids about COVID-19](#)

[Daily Education Courses](#)

[Home School Webinar](#)

[Taking Care of your Family During Coronavirus](#)

[Pediatric Information](#)

[Video Briefs for those with School Age Children](#)

[Helping Children Cope with Stress](#)

CHILD CARE

[Colorado Emergency Child Care Collaborative](#)
[Sitter Scouts](#)



COMPANIES HIRING

[Ft. Carson Commissary: Urgently Hiring](#)
[Amazon Warehouse, Delivery Drivers](#)
[Amazon Flex](#)
[Amazon Military Affairs Virtual Hiring Event](#)
[Denver Virtual Career Fair](#)
[Immediate Jobs for Military Veterans](#)
[Trane Virtual Career Fair](#)
[Vet Job Central](#)
[US Postal Service](#)
[Virtual Human Resources Manager \(Veterans and Spouses\)](#)
[Aetna](#)
[Registrar Program Specialist](#)
[Upscale Security Officers](#)
[Custom Protection Security Officer](#)
[Detention Officers](#)
[Business Development Executive](#)
[CASY Hot Jobs](#)
[SCIS Recruiting Memo Armed Denver \\$14-\\$17](#)
[VALIANT STAFFING JOB OPENINGS FLYER 3.31](#)
[SCIS Recruiting Memo Unarmed Denver \\$14-\\$17](#)
[Immediate Jobs: Emergency Response Security Officers](#)
[FedEx Ground Denver](#)
[National Labor Exchange](#)
[Supervisory Civil Engineer](#)
[IMMEDIATE JOBS FOR MILITARY VETERANS NORTHERN CALIFORNIA 3APRIL20](#)
[IMMEDIATE JOBS FOR MILITARY VETERANS SOUTHERN CALIFORNIA 2APRIL20](#)
[IMMEDIATE JOBS MILITARY FOR EMERGENCY RESPONSE OFFICERS 3APRIL20](#)
[IMMEDIATE JOBS EMERGENCY RESPONSE SECURITY OFFICERS 30MAR20](#)
[Military Intern Program](#)
[COVID-19 Emergency Response Call to Action](#)
[Walmart External Hiring](#)
[PAE Careers](#)
[Stores Currently Hiring](#)
[TechExpo Virtual Hiring Event](#)

EMPLOYMENT RESOURCES

[Connecting Colorado](#)
[AIR FORCE-Employee Assistance Program](#)
[Amazon All-Inclusive Military Flyer](#)
[RecruitMilitary National Virtual Career Fair for Veterans](#)
[RecruitMilitary Virtual Education Expo](#)
[RecruitMilitary Western Region Virtual Career Fair for Veterans](#)
[ESGR-COVID19 USERRA INQUIRES](#)
[US Border Patrol Recruitment Webinar](#)
[PrepConnect360 Job Seekers Workshop](#)
[USO Pathfinder Events](#)
[Employment Readiness Program](#)
[Arapahoe/Douglas County Online Workshops](#)
Citizen Soldier for Life State Career Readiness Counselor: Laura Farlett
 Laura.d.farlett.ctr@mail.mil
 Office: 720-250-2185 | Cell: 720-288-2344
Employment Program Support Specialist: Lance E. Christensen
 lance.e.christensen.ctr@mail.mil
www.casy4vets.org/CONationalGuard
 Office: 720-250-1431 | Cell: 303-947-5740

If you have been laid off or have had hours reduced to under 32/week due to virus, you can apply for unemployment:
 Click [here](#) to file a claim.

UNEMPLOYMENT



AIR: If you need additional resources please contact the Airman & Family Readiness Program Manager:
 Michelle Abarca
 Office: 720-847-9116
michelle.j.abarca.civ@mail.mil

Colorado National Guard
 Family Assistance



ARMY: If you need additional resources please contact your [Family Assistance Specialist](#)